



**Frozen Meals  
Community Luncheons  
Morning Teas  
High Teas**



80-82 Currajong Street  
Parkes NSW 2870

**1300 810 771**


[www.ncentral.org.au](http://www.ncentral.org.au)



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**Neighbourhood Central is a not-for-profit community based organisation and we're all about supporting your health and well-being.**

Neighbourhood Central Meal Services are here to make a difference in people's lives by providing a variety of food services to manage your health and well-being.

Looking for a fast, affordable nutritious meal?  
Too busy to cook?  
Not feeling well?  
Just home from hospital?

Take a look at our mouth-watering list of frozen meal options.  
Easy ordering and pick up, or free home delivery is available.

Our community luncheons, morning teas and high teas are a great way to join friends and enjoy delicious home-cooked meals and sweet treats.

**Call in and see our friendly staff at  
Neighbourhood Central.**